



Jefferson County Parks and Recreation



What is Rec Kid Fit?

Rec Kid Fit is a program designed to help students develop and improve basic physical fitness skills (balance, flexibility, agility, muscular strength), in a non-competitive class setting. Instruction is nurturing and encouraging while emphasizing a "personal best" philosophy. The Rec Kid Fit curriculum includes practice in ball handling skills, gymnastics and tumbling, creative movement, and loco-motor movement through fun, challenging games and activities.

Rec Kid Fit Details:

- ★ \$42 for 6 classes (45 minute classes) ~ \$49 for 6 classes (60 minute classes)
- ★ Save \$5 – register for 2 class sessions!
- ★ Save \$10 – register for 3 class sessions!
- ★ Class held in the Rec Center Gym, (620 Tyler Street, PT). Participants should wear comfortable clothes!
- ★ Class minimum – 4 students ~ Class maximum – 8 students per instructor
- ★ Limited space in some classes, sign up early!
- ★ For more information, visit our website www.countyrec.com.

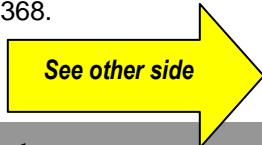


| Class Registration <i>(complete both sides)</i> | | | | | |
|---|--|--|--|---|---|
| Step One (choose session) | <input type="checkbox"/> Session 1 Sept 19-Oct 27 | <input type="checkbox"/> Session 2 Oct 31-Dec 15 <i>No class week of 11/ 21</i> | <input type="checkbox"/> Session 3 Jan 9-Feb 16 | <input type="checkbox"/> Session 4 Feb 20-March 29 | <input type="checkbox"/> Session 5 April 9-May 24 <i>No class week of 5/14</i> |
| Step Two (choose class) | Monday | <input type="checkbox"/> Pre and Me (2-3 year olds with adult) Mon 9:30-10:15 \$42 - 6 classes | <input type="checkbox"/> Pre-School (3-4 year olds) Mon 10:30-11:15 \$42 - 6 classes | <input type="checkbox"/> Kindie AM (4-5 year olds) Thurs 11:30-12:30 \$49 - six 60 minute classes | |
| | Thursday | <input type="checkbox"/> Pre and Me (2-3 year olds with adult) Thurs 9:30-10:15 \$42 - 6 classes | <input type="checkbox"/> Pre-School (3-4 year olds) Thurs 10:30-11:15 \$42 - 6 classes | <input type="checkbox"/> Kindie AM (4-5 year olds) Thurs 11:30-12:30 \$49 - six 60 minute classes | |
| | Thursday | <input type="checkbox"/> Kindie PM (4-5 year olds) Thurs 3:00-4:00 \$49 - six 60 minute classes | <input type="checkbox"/> Eagles ~ K/1 (6-7 year olds) Thurs 4:15-5:15 \$49 - six 60 minute classes | <input type="checkbox"/> PRE SCHOOL GROUP (Private Class) School: _____ Day/Time: _____ | |
| Step Three (payment) | Total due: _____ \$42 (45 minute classes) _____ \$49 (60 minute classes) _____ -\$5 off (pre register for 2 classes) _____ -\$10 off (pre register for 3 classes) | | Cash: _____ | Check #: _____ | Date: _____ |
| | | | | | Staff Int: _____ |

Registration is complete once payment and signed waiver is received. Wait list will be compiled once classes are full. (20% of class fee is non-refundable)

Drop off payment at the Rec Center (620 Tyler Street, PT), or, mail completed form and payment to:
Jefferson County Parks and Recreation, 623 Sheridan Street, Port Townsend, WA 98368.

Carrie Lennox, Recreation Aide Supervisor
clennox@countyrec.com /Voice: 360-385-2221/ Fax: 360-344-3541



For more detailed Rec Kid Fit info, call 385-2221 or visit www.countyrec.com

JEFFERSON COUNTY PARKS AND RECREATION ASSUMPTION OF RISK, RELEASE OF LIABILITY AND CONSENT

Rec Kid Fit 2011-2012

Participant First Name _____ Last _____ Age ____ Grade(Fall 11) ____ M__ F__ Birthday _____

Mailing Address _____ City _____ Zip _____

Parent/Guardian One First Name _____ Last _____

Parent/Guardian Two First Name _____ Last _____

Home Phone _____ Alternate Phone _____ E-mail _____

Emergency Contact _____ Phone _____

Allergies/Special Needs _____ If yes, what _____

(Please read carefully)

1. All participants are advised that Jefferson County Parks and Recreation Programs (JCPR) may involve some strenuous physical activity. Some (such as sports, games, drills, climbing, hiking, swimming, or running), present a risk of injury higher than that which people normally face in their everyday lives. This risk of injury cannot be wholly relieved by any preventive measures, whether restrictive rules, training, equipment or personal discipline. The decision whether to engage in any particular activity that forms part of the overall program shall be entirely the participant's. Participation in the program in no way obligates anyone to engage in any activity they do not feel they can accomplish.
2. On behalf of my minor child, (or on my own behalf, if an Adult Participant), I expressly acknowledge my full understanding of the risks of injury, including serious injury, disability or death that arise from participation in the JCPR Program. I acknowledge that I have had full opportunity to discuss the nature and extent of these risks with officials of the JCPR in order to inform myself fully on this subject. Based on that full understanding, I freely and knowingly assume all such risks, whether specifically known and unknown. I accordingly assume full and sole responsibility for my (or my minor child's) participation in the JCPR Program. I understand that I must report any existing medical, physical or mental condition which may affect my ability, or the ability of my minor child, to participate in JCPR Program, to the group leader before the program commences.
3. On behalf of myself and on behalf of my minor child (to the extent allowed by law), I hereby release and forever discharge JCPR, and all of the employees, officers, volunteers or agents of those entities, including as well any third party sponsors of JCPR but not limited to damage to property, personal injury, disability or death, resulting from my or my minor child's involvement in any aspect of the JCPR Program. This release applies whether the alleged injuries or damages arise from the negligence of any of the parties released in the previous sentence or not, to the fullest extent allowed by law.
4. To the fullest extent allowed by law, I, for myself and/or my minor child, and for any of our respective heirs, assigns, personal representatives and next of kin, hereby agree to indemnify and hold harmless all the parties released in Article 4 hereof from and against any and all liabilities arising from my participation in the JCPR Program. This undertaking to provide indemnity shall apply to the fullest extent allowed by law, even if the liability asserted against any of the indemnified parties arises wholly or partially from that party's negligence.

(Fill in the Blanks Below)

I HAVE READ THIS ASSUMPTION OF RISK, RELEASE OF LIABILITY AND CONSENT. I FULLY UNDERSTAND ITS TERMS AND THAT BY MY SIGNATURE I GIVE UP CERTAIN RIGHTS I MIGHT OTHERWISE HAVE UNDER LAW. I hereby consent to allow my child to participate in the JCPR Program under the terms as set forth in this Assumption of Risk, Release of Liability and consent Agreement. The JCPR Program for which this consent is given is called Rec Kid Fit 2011-2012.



Signature of Parent or Guardian _____ Date _____

Signature of Participant (18 Years & Older) _____ Date _____

PHOTOGRAPH – VIDEO CONSENT

I hereby grant permission for myself or my child to be photographed or videotaped, without compensation, by JCPR, understanding that the same is intended for publication by print media, INTERNET newspaper, television, video or motion picture. I additionally consent to the use of my name in connection with the publication of photographs/video taken of me.



Signature of Parent or Guardian _____ Date _____

Signature of Participant (18 Years and Older) _____ Date _____